

Dr. Lindsey Beedie

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• www.beediepsychologyservices.com

Summary

- Over 10 years experience of working in mental health and neuropsychology
- Specialist interest in the areas of neuropsychology and return to work following injury/stress
- Registered with the Health and Care Professions Council as a Clinical Psychologist.
- Registered with the British Psychological Society as a Chartered Clinical Psychologist.

Experience

Clinical Psychologist (Private Practice)

December 2015 - Present

Providing individualised treatment to adults with a range of mental health difficulties. This includes the assessment and provision of treatment. Common treatment approaches used are cognitive behavior therapy (CBT), acceptance and commitment therapy (ACT) and mindfulness. I also undertake neuropsychological assessments and rehabilitation, including medico-legal reports.

Principal Clinical Psychologist (NHS Grampian)

August 2018 – August 2019

Providing an inpatient acute neuropsychology service as part of a multi-disciplinary team. This includes neuropsychological assessments to patients with neurological conditions, providing consultation and recommendations to the team, developing staff training and conducting out patient clinics.

Principal Clinical Psychologist/Team Co-coordinator (NHS Grampian)

April 2015 – August 2018

Providing a neuropsychology service within a residential outpatient rehabilitation service in conjunction with a multi-disciplinary team. This includes working with other members of the team, care services and care management in addition to providing a neuropsychology service including assessment and rehabilitation.

Clinical Psychologist (NHS Grampian)

March 2016 – May 2016

Working in HMP Grampian providing neuropsychological assessment and rehabilitation advice for individuals with a known neurological condition or who have sustained an acquired brain injury.

Clinical Psychologist/ (NHS Grampian)

March 2013 – August 2018

Providing neuropsychological assessment, formulation and treatment for both in and outpatients who have had an acquired brain injury; including capacity assessments and neuropsychological testing. As part of this treatment providing adjusted psychological therapy, behavioural interventions and psycho-education to clients, families and other professionals.

Education

Doctorate in Clinical Psychology (D.Clin.Psychol)

October 2007 – October 2013

University of Edinburgh

MA(Hons) Psychology

September 2000 – May 2004

First Class – Aberdeen University



Additional Information

Presentations and Publications

Problems with Thinking – Memory, Planning, Organising and Attention.
The Brain Tumour Charity: Aberdeen Information Day, June 2013.

Simpson, S.G. & Slowey, L. (2011). Video therapy for atypical eating disorder and obesity: a case study. *Clinical Practice and Epidemiology in Mental Health*, 7, 38-43.

Post Qualification Training

Acceptance and Commitment Therapy: An Experiential Introduction Dr Nuno Ferreira	February 2015
ACT for Post Traumatic Problems in Living Dr Sonja Batten	April 2015
ACT in the Workplace	2019
ACT Immersion	October 2019